









Where can I go for sexual health and contraception services in York?

Self-Care		<ul style="list-style-type: none"> • Condoms – YUSU Condom Corners (see locations overleaf) • Reducing numbers of sexual partners • Safer sex • Regular testing with change of sexual partner
Pharmacy		<ul style="list-style-type: none"> • Treatment for thrush, bacterial vaginosis, pubic lice & scabies • Emergency contraception • Condoms
GP		<ul style="list-style-type: none"> • Contraception • Emergency contraception • Chlamydia screening • Symptoms not related to a change in sexual partner • Long Acting Reversible Contraception (may be provided) • Smear (dependant on age) • Urinary symptoms • Erectile dysfunction
YorSexualHealth		<ul style="list-style-type: none"> • Contraception • Emergency contraception • Diagnosis and treatment of sexually transmitted infections • Testing for sexually transmitted infections (STIs) • Long Acting Reversible Contraception (LARC) • Post Exposure Prophylaxis (PEP) • Advice after HIV exposure
Online yorsexualhealth.org.uk		<ul style="list-style-type: none"> • Order postal testing kits for sexually transmitted infections • Book appointments with YorSexual Health • Condom ordering
BPAS & Marie Stopes		<ul style="list-style-type: none"> • Discussion about pregnancy choices • Termination of pregnancy
MESMAC		<ul style="list-style-type: none"> • Rapid HIV testing • Working with specific communities including: <ul style="list-style-type: none"> ◦ Lesbian, gay, bisexual, transgender, men who have sex with men, injecting drug users, sex workers and black and minority ethnic groups
Emergency Department		<ul style="list-style-type: none"> • Severe genital pain • PEP outside of clinic hours

Please see overleaf for additional information

Additional information	
Where are the Condom Corners located?	<p>YUSU's Condom Corners stock condoms, lubricants, dental dams, chlamydia tests, pregnancy tests and YorSexual Health information. Supplies can be found at:</p> <ul style="list-style-type: none"> • YUSU Helpdesk, The Student Centre, James College, Newton Way • Goodricke Wellbeing Hub, Goodricke College, Heslington East Campus
What testing is available at a YorSexual Health clinic and online?	<p>The following tests are available in clinic:</p> <ul style="list-style-type: none"> • Chlamydia, gonorrhoea, syphilis and HIV are standard tests, Hepatitis B is for at risk groups. <p>The following tests are available to order online:</p> <ul style="list-style-type: none"> • Chlamydia postal tests are available for all • People more at risk for STIs can order postal tests for chlamydia, gonorrhoea, syphilis and HIV – please visit YorSexual Health's website for more details.
What is LARC?	<ul style="list-style-type: none"> • Long Acting Reversible Contraception including coils, implants and contraceptive injection
What is PEP?	<ul style="list-style-type: none"> • Post Exposure Prophylaxis (PEP) is an anti-HIV medication that is prescribed to a HIV negative person within 72 hours of high risk potential exposure to HIV. Ideally it should be started within 24 hours.
Online condom ordering	<ul style="list-style-type: none"> • You can order condoms online at www.yorsexualhealth.org.uk these will be posted to your address free of charge
I need repeat contraception where can I go?	<ul style="list-style-type: none"> • You can visit your GP • If you are 19 years old or under you can attend YorSexual Health services www.yorsexualhealth.org.uk as well as your GP
Support following sexual assault	<ul style="list-style-type: none"> • In the first instance you can contact the Sexual Assault Referral Centre (SARC) on 0330 2230099. • Ongoing support is available from Survive at www.survive-northyorks.org.uk or IDAS at www.idas.org.uk • In the event of an emergency (immediate danger, crime taking place or has just occurred) you can ring 999 and ask for the police